## **RESTAURANT LE COURS**

10 Avenue Francois Griffeuille 04.66.87.31.93 contact@hotel-le-cours.com





# **STARTERS**

STARTERS		EGGS	
		OMELET	8.00€
HOMEMADE FISH SOUP	10.10€	Served with a mixed green salad	
HOMEMADE CHICKEN LIVER PATE	11.00	Additional items: ham (0.50€), cheese (0.1 girolle mushroom (3€)	5UE),
served with crudités SCALLOPS SAUTEED	23.00€	ghone musinoom (se)	
Cook in a garlic and parsley sauce on a fondue of bacon		SIDE DISHES	
HOME MADE FOIE GRAS	15.50€	SAUTEED POTATOES	5.50€
Accompanied with apple & apricot chutney			3,90€
STARTER OF THE MOMENT	10.50€	SEASONAL VEGETABLES	6,80€
COD BRANDADE FROM NIMES	14.90€	CAMARGUE PILAF RICE	5.50€
Aashed potatoes cod & cream served with mild c BULL SAUCISSON	9.50€		5.500
erved with crudités	9.50€		
		CHILDRENS MENU	
SALADS Small	Large	MEAT MENU	9.50€
	Ç	Ground beef with sautéed potatoes Or Ga	
ROVENCALE 6.50€ 9.50€ lixed salad leaves, tomatoes, anchovies, black olives and		(Camargue beef stew) served with Camargue pilaf rice Ice cream	
onions)		Choice of drink: orange juice, Coke, squash, c	or lemonad
GOAT CHEESE SALAD 6.504	€ 10.50€		
Warm goat's cheese on a bed of mixed salad leav			13.00€
onions, and cranberries		Fish filet served with Camargue pilaf	rice
		Ice cream or crème caramel	
		Choice of drink: orange juice, Coke, squash, o	or lemonad
		3 3 4 4 4 4	
FISHES			
IONKFISH IN PROVENÇALE SAUCE	21.50€		
	21.50€		
<b>IONKFISH IN PROVENÇALE SAUCE</b> erved with rice, tomatoes and artichoke		DESSERTS	
IONKFISH IN PROVENÇALE SAUCE erved with rice, tomatoes and artichoke OUILLE DE SEICHE PROVENÇALE	15.50€	DESSERTS	
IONKFISH IN PROVENÇALE SAUCE erved with rice, tomatoes and artichoke OUILLE DE SEICHE PROVENÇALE quid served in a Provençal tomato sauce with Can	15.50€		6.90€
IONKFISH IN PROVENÇALE SAUCE erved with rice, tomatoes and artichoke OUILLE DE SEICHE PROVENÇALE quid served in a Provençal tomato sauce with Can	15.50€	DESSERTS CHEESE PLATE DESSERT OF THE MOMENT	6.90€ 7.90€
IONKFISH IN PROVENÇALE SAUCE erved with rice, tomatoes and artichoke OUILLE DE SEICHE PROVENÇALE quid served in a Provençal tomato sauce with Can ce	15.50€	CHEESE PLATE	7.90€
IONKFISH IN PROVENÇALE SAUCE erved with rice, tomatoes and artichoke OUILLE DE SEICHE PROVENÇALE Juid served in a Provençal tomato sauce with Can	15.50€	CHEESE PLATE DESSERT OF THE MOMENT	7.90€ 4,50€
IONKFISH IN PROVENÇALE SAUCE erved with rice, tomatoes and artichoke OUILLE DE SEICHE PROVENÇALE guid served in a Provençal tomato sauce with Can ce MEATS GRILLED BULL'S RIB STEAK	<b>15.50€</b> nargue pilaf <b>23.50€</b>	CHEESE PLATE DESSERT OF THE MOMENT HOMEMADE CREME CARAMEL SEASONAL FRUIT BASKET	7.90€
IONKFISH IN PROVENÇALE SAUCE erved with rice, tomatoes and artichoke OUILLE DE SEICHE PROVENÇALE quid served in a Provençal tomato sauce with Can ce MEATS GRILLED BULL'S RIB STEAK	<b>15.50€</b> nargue pilaf <b>23.50€</b>	CHEESE PLATE DESSERT OF THE MOMENT HOMEMADE CREME CARAMEL SEASONAL FRUIT BASKET	7.90€ 4,50€ 4,00 €
IONKFISH IN PROVENÇALE SAUCE erved with rice, tomatoes and artichoke OUILLE DE SEICHE PROVENÇALE quid served in a Provençal tomato sauce with Can ce MEATS GRILLED BULL'S RIB STEAK Gerved with sautéed potatoes and seasonal veget.	<b>15.50€</b> nargue pilaf <b>23.50€</b> ables	CHEESE PLATE DESSERT OF THE MOMENT HOMEMADE CREME CARAMEL SEASONAL FRUIT BASKET CHOCOLATE PROFITEROLES Served with vanilla ice cream FRANGELICO (hazeInut alcohol) ICE PARFAIT	7.90€ 4,50€ 4,00 €
IONKFISH IN PROVENÇALE SAUCE erved with rice, tomatoes and artichoke OUILLE DE SEICHE PROVENÇALE quid served in a Provençal tomato sauce with Can ce MEATS GRILLED BULL'S RIB STEAK Gerved with sautéed potatoes and seasonal veget. GARDIANNE	15.50€ nargue pilaf 23.50€ ables 15.50€	CHEESE PLATE DESSERT OF THE MOMENT HOMEMADE CREME CARAMEL SEASONAL FRUIT BASKET CHOCOLATE PROFITEROLES Served with vanilla ice cream FRANGELICO (hazeInut alcohol) ICE PARFAIT served with hazeInuts cookie	7.90€ 4,50€ 4,00 € 8.90€ 8.50€
IONKFISH IN PROVENÇALE SAUCE erved with rice, tomatoes and artichoke OUILLE DE SEICHE PROVENÇALE Juid served in a Provençal tomato sauce with Can ce MEATS GRILLED BULL'S RIB STEAK Gerved with sautéed potatoes and seasonal veget.	15.50€ nargue pilaf 23.50€ ables 15.50€	CHEESE PLATE DESSERT OF THE MOMENT HOMEMADE CREME CARAMEL SEASONAL FRUIT BASKET CHOCOLATE PROFITEROLES Served with vanilla ice cream FRANGELICO (hazeInut alcohol) ICE PARFAIT served with hazeInuts cookie ICED NOUGAT WITH RASPBERRY COULIS	7.90€ 4,50€ 4,00 € 8.90€ 8.50€
IONKFISH IN PROVENÇALE SAUCE erved with rice, tomatoes and artichoke OUILLE DE SEICHE PROVENÇALE Juid served in a Provençal tomato sauce with Can ce MEATS GRILLED BULL'S RIB STEAK Ferved with sautéed potatoes and seasonal veget. GARDIANNE Camargue beef or bull stew served with Camargue	15.50€ nargue pilaf 23.50€ ables 15.50€ e pilaf rice	CHEESE PLATE DESSERT OF THE MOMENT HOMEMADE CREME CARAMEL SEASONAL FRUIT BASKET CHOCOLATE PROFITEROLES Served with vanilla ice cream FRANGELICO (hazeInut alcohol) ICE PARFAIT served with hazeInuts cookie ICED NOUGAT WITH RASPBERRY COULIS ICE CREAMS AND SORBET	7.90€ 4,50€ 4,00 € 8.90€ 8.50€ 8,80 €
ONKFISH IN PROVENÇALE SAUCE rved with rice, tomatoes and artichoke DUILLE DE SEICHE PROVENÇALE uid served in a Provençal tomato sauce with Can e MEATS GRILLED BULL'S RIB STEAK erved with sautéed potatoes and seasonal veget. GARDIANNE amargue beef or bull stew served with Camargue	15.50€ nargue pilaf 23.50€ ables 15.50€	CHEESE PLATE DESSERT OF THE MOMENT HOMEMADE CREME CARAMEL SEASONAL FRUIT BASKET CHOCOLATE PROFITEROLES Served with vanilla ice cream FRANGELICO (hazeInut alcohol) ICE PARFAIT served with hazeInuts cookie ICED NOUGAT WITH RASPBERRY COULIS ICE CREAMS AND SORBET - 2 SCOOPS	7.90€ 4,50€ 4,00 € 8.90€ 8.50€ 8,80 € 4.70€
ONKFISH IN PROVENÇALE SAUCE erved with rice, tomatoes and artichoke OUILLE DE SEICHE PROVENÇALE uid served in a Provençal tomato sauce with Can ce MEATS GRILLED BULL'S RIB STEAK erved with sautéed potatoes and seasonal veget. GARDIANNE Gamargue beef or bull stew served with Camargue	15.50€ nargue pilaf 23.50€ ables 15.50€ e pilaf rice 16.90€	CHEESE PLATE DESSERT OF THE MOMENT HOMEMADE CREME CARAMEL SEASONAL FRUIT BASKET CHOCOLATE PROFITEROLES Served with vanilla ice cream FRANGELICO (hazelnut alcohol) ICE PARFAIT served with hazelnuts cookie ICED NOUGAT WITH RASPBERRY COULIS ICE CREAMS AND SORBET - 2 SCOOPS - 3 SCCOPS	7.90€ 4,50€ 4,00 € 8.90€ 8.50€ 8,80 € 4.70€ 6.70€
IONKFISH IN PROVENÇALE SAUCE erved with rice, tomatoes and artichoke OUILLE DE SEICHE PROVENÇALE Juid served in a Provençal tomato sauce with Can ce MEATS GRILLED BULL'S RIB STEAK GRILLED BULL'S RIB STEAK GARDIANNE Camargue beef or bull stew served with Camargue DISH OF THE MOMENT HOMEMADE BURGER	15.50€ nargue pilaf 23.50€ ables 15.50€ e pilaf rice 16.90€ 15.90€	CHEESE PLATE DESSERT OF THE MOMENT HOMEMADE CREME CARAMEL SEASONAL FRUIT BASKET CHOCOLATE PROFITEROLES Served with vanilla ice cream FRANGELICO (hazelnut alcohol) ICE PARFAIT served with hazelnuts cookie ICED NOUGAT WITH RASPBERRY COULIS ICE CREAMS AND SORBET - 2 SCOOPS - 3 SCCOPS COFFEE OR CHOCOLATE LIEGEOIS	7.90€ 4,50€ 4,00 € 8.90€ 8.50€ 8,80 € 4.70€ 6.70€ 8.50€
ONKFISH IN PROVENÇALE SAUCE rved with rice, tomatoes and artichoke OUILLE DE SEICHE PROVENÇALE uid served in a Provençal tomato sauce with Can re MEATS GRILLED BULL'S RIB STEAK erved with sautéed potatoes and seasonal veget. GARDIANNE amargue beef or bull stew served with Camargue DISH OF THE MOMENT HOMEMADE BURGER finced beef, bacon, cooked onions, cheddar chee	15.50€ nargue pilaf 23.50€ ables 15.50€ e pilaf rice 16.90€ 15.90€	CHEESE PLATE DESSERT OF THE MOMENT HOMEMADE CREME CARAMEL SEASONAL FRUIT BASKET CHOCOLATE PROFITEROLES Served with vanilla ice cream FRANGELICO (hazeInut alcohol) ICE PARFAIT served with hazeInuts cookie ICED NOUGAT WITH RASPBERRY COULIS ICE CREAMS AND SORBET - 2 SCOOPS - 3 SCCOPS COFFEE OR CHOCOLATE LIEGEOIS COUPE CAMARGUAISE	7.90€ 4,50€ 4,00 € 8.90€ 8.50€ 8,80 € 4.70€ 6.70€ 8.50€ 8.80€
ADDING PROVENÇALE SAUCE erved with rice, tomatoes and artichoke OUILLE DE SEICHE PROVENÇALE Juid served in a Provençal tomato sauce with Can te MEATS GRILLED BULL'S RIB STEAK erved with sautéed potatoes and seasonal veget. GARDIANNE Camargue beef or bull stew served with Camargue DISH OF THE MOMENT HOMEMADE BURGER Ainced beef, bacon, cooked onions, cheddar chee	15.50€ nargue pilaf 23.50€ ables 15.50€ e pilaf rice 16.90€ 15.90€ ese served	CHEESE PLATE DESSERT OF THE MOMENT HOMEMADE CREME CARAMEL SEASONAL FRUIT BASKET CHOCOLATE PROFITEROLES Served with vanilla ice cream FRANGELICO (hazeInut alcohol) ICE PARFAIT served with hazeInuts cookie ICED NOUGAT WITH RASPBERRY COULIS ICE CREAMS AND SORBET - 2 SCOOPS - 3 SCCOPS COFFEE OR CHOCOLATE LIEGEOIS COUPE CAMARGUAISE 2 scoops of vanilla ice cream, Camargue liquor and Chan	7.90€ 4,50€ 4,00 € 8.90€ 8.50€ 8,80 € 4.70€ 6.70€ 8.50€ 8.80€
IONKFISH IN PROVENÇALE SAUCE erved with rice, tomatoes and artichoke OUILLE DE SEICHE PROVENÇALE quid served in a Provençal tomato sauce with Can ce MEATS GRILLED BULL'S RIB STEAK Gerved with sautéed potatoes and seasonal veget GARDIANNE Camargue beef or bull stew served with Camargue DISH OF THE MOMENT HOMEMADE BURGER Ainced beef, bacon, cooked onions, cheddar cheef with sautéed potatoes and seasonal vegetables ROAST QUAIL, PAN FRIED FOIE GRAS	15.50€ nargue pilaf 23.50€ ables 15.50€ e pilaf rice 16.90€ 15.90€	CHEESE PLATE DESSERT OF THE MOMENT HOMEMADE CREME CARAMEL SEASONAL FRUIT BASKET CHOCOLATE PROFITEROLES Served with vanilla ice cream FRANGELICO (hazeInut alcohol) ICE PARFAIT served with hazeInuts cookie ICED NOUGAT WITH RASPBERRY COULIS ICE CREAMS AND SORBET - 2 SCOOPS - 3 SCCOPS COFFEE OR CHOCOLATE LIEGEOIS COUPE CAMARGUAISE 2 scoops of vanilla ice cream, Camargue liquor and Chan COUPE WILLIAMINE	7.90€ 4,50€ 4,00 € 8.90€ 8.50€ 8,80 € 4.70€ 6.70€ 8.50€ 8.80€
ONKFISH IN PROVENÇALE SAUCE rved with rice, tomatoes and artichoke OUILLE DE SEICHE PROVENÇALE uid served in a Provençal tomato sauce with Can te MEATS GRILLED BULL'S RIB STEAK erved with sautéed potatoes and seasonal veget. GARDIANNE amargue beef or bull stew served with Camargue DISH OF THE MOMENT IOMEMADE BURGER finced beef, bacon, cooked onions, cheddar chee rith sautéed potatoes and seasonal vegetables	15.50€ nargue pilaf 23.50€ ables 15.50€ e pilaf rice 16.90€ 15.90€ ese served	CHEESE PLATE DESSERT OF THE MOMENT HOMEMADE CREME CARAMEL SEASONAL FRUIT BASKET CHOCOLATE PROFITEROLES Served with vanilla ice cream FRANGELICO (hazeInut alcohol) ICE PARFAIT served with hazeInuts cookie ICED NOUGAT WITH RASPBERRY COULIS ICE CREAMS AND SORBET - 2 SCOOPS - 3 SCCOPS COFFEE OR CHOCOLATE LIEGEOIS COUPE CAMARGUAISE 2 scoops of vanilla ice cream, Camargue liquor and Chan	7.90€ 4,50€ 4,00 € 8.90€ 8.50€ 8,80 € 4.70€ 6.70€ 8.50€ 8.80€

#### **RESTAURANT LE COURS**

homemade chicken liver pate

served with crudités

Or

starter of the moment

Or

Homemade fish soup

Rouille de seiches Provençale (squid served in a

Provencal tomato sauce) with Camargue pilaf rice

Or

Le plat du moment

Or

Gardianne (Camargue beef or bull stew) served

Camargue pilaf rice

Or

Crème caramel

Or

Ice Cream

Dessert of the moment

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## TRADITIONNAL MENU

2 COURSES

LOGIS MENU

(starter/main or main/dessert) 3 COURSES 26.90€

31€00

Cod brandade from Nimes Or Homemade foie gras

Accompanied with apple & apricot chutney Or

Scallops sautéed, cook in a garlic and parsley sauce on a fondue of leeks and bacon (3€50)

Monkfish in Provençale sauce, served with rice Or Grilled bull's rib served with sautés potatoes and seasonal vegetables Or

Roast quail, pan fried foie gras Served with mushrooms and sautéed potatoes

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Menu of the day (available lunch only from Monday to Friday except on bank holiday) Today's special: 10.90€ 3 course menu: 13.90€ 3 course menu & 1/4 wine: 15.60€

	Today's special	Dessert of the day
Starter of the day	or	or
	Gardianne (Camargue beef or bull stew	Seasonal fruit baske
	served with Camargue pilaf rice)	Or
	or	lce cream
	Rouille de seiches Provençale (squid	or
	served in a Provencal tomato sauce) with Camargue pilaf rice.	Crème caramel

# Starters order for the lunch service stop at 2pm